

Chapter 1 – Introduction

PAUL

Hello!

RODNEY

Hi, how are you, nice to meet you! I'm Rodney.

AMY

Hi, I'm Amy.

MIRA

Hello, I'm Mira!

RODNEY

I'm Rodney, nice to meet you! This is exciting we have a lot of dancing to do!

PAUL

I'm leaving.

[Paul, Mira, Rodney and Amy laugh]

PAUL

Voiceover:

I would say that most people know us because of our acting careers,

On camera:

but what people still may not know is that I have type 2 diabetes.

Voiceover:

We want to help people with diabetes understand the importance of a support system, in addition to their doctor-recommended treatment plan. So Mira and

On camera:

I are going to be each other's dance partners.

[Background dance noises]

Voiceover:

Staying active may not always be easy but I have found it's important to find something

On camera:

you truly enjoy doing, because it makes it easier to keep the commitment.

RODNEY

I'm Rodney Lopez.

AMY

And I am Amy Klewitz.

RODNEY

On camera:

And, I'm really excited about this project because

Voiceover:

I've really been encouraged to see how dedicated and committed Paul has been to not only doing the dance, but to staying active.

MIRA

On camera:

I love dancing and I love dancing with dad and I just thought it would be so much fun

Voiceover:

if we just were able to show people that

On camera:

you can exercise together, but in maybe an unconventional way.

PAUL

The great thing about dancing is that there are so many styles. It, it helps to avoid the boredom, and keeps things fun while you're getting exercise.

[Background dance noise]

PAUL

On camera:

I was diagnosed with type 2 diabetes in 2006, and I know firsthand the challenges trying to maintain blood sugar control.

Voiceover:

I use Lantus® in the Lantus® SoloSTAR® pen once a day as part of my overall treatment plan – which also includes a healthy diet, regular physical activity and one oral diabetes medication. Low blood sugar is a common side effect with insulin, including Lantus®, and some people may experience symptoms like shaking or sweating.

[On-screen super at Lantus® mention: Prescription Lantus® is a long-acting insulin used to treat adults with type 2 diabetes and adults and children (6 years and older) with type 1 diabetes for the control of high blood sugar. It should be taken once a day at the same time each day to lower blood glucose. Do not use to treat diabetic ketoacidosis.]

[Background dance noise]

MIRA

This is like creating a memory with dad.

[Mira laughing in background]

RODNEY

Through the tunnel. You got it, you got it!

PAUL

Voiceover:

Mira and I continue our work

On-camera:

with sanofi-aventis U.S. on Diabetes Co-Stars.

Voiceover:

It's an awareness campaign for people with diabetes and those who love them.

RODNEY

Rock, step. Rock, step...like so.

MIRA

Voiceover:

Through Diabetes Co-Stars, we've been able to communicate with so many people, but we're still trying to reach

On-camera:

more of the nearly 26 million Americans who have diabetes and those who support them.

RODNEY

Dah...boom boom. One, two, three; one, two, three. And slow, to the side.

ANNOUNCER'S VOICE

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Chapter 2 - Waltz

RODNEY

So our first dance today is gonna be the waltz.

MIRA

Well you know, dad taught me the box-step when I was little, that's one dance we did do together.

RODNEY

So that - So that's a dance you're familiar with already? Alright, well that's great. We have a lot of work to do, so I hope you're ready to dance.

PAUL

Ready to go!

MIRA

We're ready to go!

RODNEY

So one of the things that's really important before we even start dancing, is to kind of have a little, a little bit of a warm-up, get the body warmed up a little bit, ah, so that we can prevent any injury.

This is going to start with—

AMY

The Ginger Rogers moment!

RODNEY

- Mira walking down off the stairs. One, two; one, two.
Well with the waltz, you know you're going to have to support each other in this dance.

PAUL

Well, we are part of something called Diabetes Co-Stars, where the family supports the person who's got the diabetes, in this case me. So we're going to dance. Dancing is really easy to do together, I mean once you know it and it's a fun thing to do.

MIRA

On-camera:

We always loved the Fred and Ginger movies. Fred Astaire was our god when I was a kid.

Voiceover:

So the waltz especially is gonna be so reminiscent of those memories of watching those movies together.

PAUL

I worked with my doctor to determine the right overall treatment plan for me which includes regular physical activity. Using dance as a form of exercise is not only good for me; it's great for Mira too. It makes it even better.

RODNEY

And now we're together, we're ready for our box-step.

MIRA

Voiceover:

I came up with the idea of us dancing together as a great extension of our

On-camera:

work with sanofi-aventis U.S. and the Diabetes Co-Stars campaign.

PAUL

Voiceover:

What people sometimes don't realize is that you can also get exercise through activities like dancing.

RODNEY

Voiceover:

The waltz is a really great dance for exercise, because the waltz has a rise and fall. It's a great

On-camera:

toning, ah, dance as well as just a beautiful, ah, music to listen to.

...and now we open up. Bring her in.

[Laughter]

MIRA

It took us about ten minutes to learn each little four count.

RODNEY

Alright, let's cue the music. One, two, three; two, two, three.

So it's forward, then back. A little rotation.

MIRA

Then forward again...

RODNEY

Yes...

PAUL

...then coming down the stairs...

RODNEY

Uh huh!

PAUL

Loretta Young, descending!

AMY

...and the big dip...

RODNEY

And the big finish!

MIRA

Yeah.

AMY

Great, that was great...

RODNEY

Beautiful, beautiful...beautiful. Alright, that was a good rehearsal, but now are you ready to perform?

PAUL

Sir. Yes, that's - that's it!

[Laughter]

RODNEY

Let's do it, let's go, let's go perform, let's get changed and get started.

ANNOUNCER'S VOICE

And now, Mira and Paul Sorvino performing the waltz.

[Waltz Music; Paul and Mira perform]

MIRA

It was so much fun!

PAUL

It was so much fun to do this dance!

MIRA

It was just kind of a beautiful experience.

PAUL

It was.

ANNOUNCER'S VOICE

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Chapter 3 - Swing

RODNEY

On camera:

Every actor needs a really great Co-Star

Voiceover:

And so just like your dancing, you need a great partner as well. The Sorvinos have a really great relationship together; they have a really great chemistry.

On camera:

Alright, we're going to give you a clue about what your next dance is. Let's see if you can recognize it. So here's our step: triple, triple, rock step; triple, triple and a rock step.

So what do you think you're going to do now?

PAUL

Looks like you're dancing the Lindy. What we used to call the Lindy.

RODNEY

Voiceover:

Yes, exactly. Lindy and also kind of known as the swing. Let's do some swing dancing.

PAUL

Okay.

RODNEY

You ready? Here we go...

[Mira laughs]

...Change hands...one, two, three, four.

MIRA

I think we make a pretty good dance team.

PAUL

On camera:

She's always been one of my biggest supporters – she continues to be my Diabetes Co-Star

Voiceover:

Which isn't all that different from being my dance partner in support of my exercise plan!

RODNEY

Voiceover:

And belly turn, and triple.

[Paul laughs]

PAUL

Ah, forgot that, alright!

AMY

Yeah, we'll go over that...

PAUL

On screen:

My doctor and I decided I should start using Lantus[®] along with an overall

Voiceover:

treatment plan that includes one oral diabetes medication, diet and physical activities like dancing. Low blood sugar is common side effect of insulin, including Lantus[®]. And some people may experience side effects like shaking or sweating.

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RODNEY

Voiceover:

Dah, dah, dah dah dah!

PAUL

I'm confused.

AMY

Voiceover:

And then shimmy around...

RODNEY

On camera:

You just, you just need to rehearse it. That's really all it is.

Voiceover:

You just kinda gotta rehearse it.

PAUL

On camera:

Swing is something right out of my childhood.

Voiceover:

Very exciting. I think we're gonna do it great!

RODNEY

Voiceover:

Five, six, seven, eight! Here come those swivels!

On camera:

One, two, three, four, tap, tap, send a rock to the sixth, dah dah dah dah bah!

[Mira laughs]

MIRA

It's a fun, energetic dance. So it kind of makes you a little happy.

RODNEY

On camera:

So, I think it's time to perform

Voiceover:

Alright, it's showtime, it's showtime, it's showtime, it's showtime!

AMY

Voiceover:

You guys will do great!

RODNEY

On camera:

But, they look ready, I think they're ready!

Voiceover:

Let's put it on the stage!

PAUL

I thought we were doing that tomorrow.

MIRA

Surprise!

AMY

Voiceover:

Surprise! We're doing it now!

[Paul laughs]

ANNOUNCER'S VOICE

And now, Mira and Paul Sorvino performing the swing!

[Swing music]

[Clapping]

MIRA

I think we got something cute out of it.

PAUL

Absolutely!

MIRA

I think we had some fun with it!

ANNOUNCER'S VOICE

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Chapter 4 – Salsa

RODNEY

Voiceover:

So our next dance is salsa.

PAUL

Bye-bye.

[Paul, Mira, Rodney and Amy laugh]

RODNEY

No, no, come back, come back.

AMY

Don't go, don't go.

RODNEY

On camera:

It's not so bad, it's not so bad. Now listen, it's the most complex of the dances we've done so far.

Voiceover:

It's the hardest but we're going to take it one step at a time. So why don't we start with our first movement.

RODNEY

Yes! There we go.

[Music plays in background]

PAUL

Today's dance is definitely the most difficult we've done so far. But I find that breaking it down piece by piece makes it much easier.

It's the same approach I take in following my diabetes treatment plan –step by step, piece by piece.

RODNEY

Voiceover:

Yes!

AMY

Voiceover:

Keep the hand up.

RODNEY

Voiceover:

Keep the hand up; keep the right hand up, yes. One thing we can do, is we can also kind of make this

On camera:

Happen with one hand

MIRA

And where did that just come out of?

RODNEY

It's a lot of choreography, it's a lot of choreography and it's fast.

MIRA

Should we, should we dance with them?

RODNEY

Let's switch partners, let's switch partners and, and give it a, give it a shot.

AMY

Just use the finger tips, that'll help.

RODNEY

Let's come back to the wrap.

MIRA

And then that's the [inaudible].

RODNEY

Exactly, yeah

MIRA

He gets the vibe and he can do it...

MIRA

[Laughing] It's you know, like...

RODNEY

Yes!

MIRA

It's all about having the spirit of it.

RODNEY

Four, two, three; five, two, three. Swoosh.

AMY

And over your head, I'm just going to turn here, tada.

RODNEY

I've really been encouraged to see how dedicated and committed Paul has been, to not only doing the dance but to staying active.

PAUL

It's the same as anything that I do, I know. It's like with singing, acting, dancing, writing... I, ah, have the same approach to diabetes. Anything that you have to do well, you have to break down.

RODNEY

You're going to lean back and kick. Kick.

PAUL

I've got to remember to do this so that I'm supporting her.

RODNEY

Voiceover:

So that you can leverage her support there

PAUL

On camera:

So people should speak with their doctor to determine what will work for them.

Voiceover:

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[Background noise]

MIRA

Voiceover:

It's also important to

On camera:

Tap into the support of your family and friends

PAUL

On camera:

Hopefully our continued

Voiceover:

Partnership with sanofi-aventis U.S. on the Diabetes Co-Stars campaign will help inspire people with diabetes and those who love them to take action

RODNEY

Swoosh, and that's it, boom. Yep, and then you're done, yeah. Okay.

RODNEY

Voiceover:

Four, two, three; five, two, three

On camera:

Here's the finish! Sorry, Amy.

AMY

There we go, finish!

ANNOUNCER'S VOICE

And now, Mira and Paul Sorvino performing the salsa

[Salsa music]

PAUL

Ya!

[Mira and Paul laughing. Clapping and cheering in the background]

ANNOUNCER'S VOICE

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Chapter 5 – Take a Bow

MIRA

On camera:

The part that is living up to my expectations of like creating something really special with Dad is probably the waltz

Voiceover:

because, ah, we're almost re-creating the idea of a scene in a sound stage on one of those great Fred Astaire, Ginger Rogers movies.

RODNEY

Voiceover:

3, 1, 2 Bring her in, and 1, 2 box.

PAUL

Voiceover:

Dancing with Mira is

On camera:

really easy because she's such a talented dancer.

Voiceover:

You could tell that Mira could dance from the time she was a child.

RODNEY

Voiceover:

7 and 8, 6, boom, boom, dada, dada.

PAUL

Voiceover:

Dancing is great exercise - both for people

On camera:

living with diabetes and everybody.

MIRA

On camera:

I'm so glad I took the initiative to educate myself about diabetes in order to support my dad.

Voiceover:

I'm just happy to be able to help him in whatever way I can.

RODNEY

Voiceover:

Step, reach over.

PAUL

Voiceover:

Continuing our work with sanofi-aventis U.S. through the Diabetes Co-Stars program has been a great experience for Mira and me.

On camera:

I really think that it's done me so much good

Voiceover:

physically and it's been so much fun.

RODNEY

Cross, point out, cross.

RODNEY

Voiceover:

It's really tough because what, what they've been

On camera:

having to do is not only learn choreography but they've also had to learn

Voiceover:

different styles and it's hard enough to learn one style and be proficient at it. But that they're, that they're stabbing it and going through three different styles

On camera:

of dance makes it all the more challenging.

PAUL

Voiceover:

They're so confident, so such good teachers and such good performers.

On camera:

That's been a big part of the enjoyment of it.

RODNEY

Voiceover:

One of the things about dancing is it's certainly physically active, it makes it, it's a great exercise and really

On camera:

you can dance at any age and it keeps you

Voiceover:

fresh, it keeps you sharp and so it's a great mind and body exercise as well.

[On-screen super: Talk to your doctor before starting any exercise regimen]

[Dancing montage. Paul and Mira laughing. Clapping and cheering in the background.]

MIRA

Voiceover:

Seeing my dad thrive the

On camera:

way he has recently means the world to me.

PAUL

Diabetes can be manageable, but it's a team effort. We hope our message resonates with those who are living with diabetes as well as those who love them.

ANNOUNCER'S VOICE

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